DOCUMENT RESUME

ED 288 335 EC 201 216

AUTHOR Mizanin, Gregory, Ed.
TITLE Resources: A Guide to Services for People with Developmental Disabilities and Their Families.
INSTITUTION New Jersey State Developmental Disabilities Council, Trenton.
PUB DATE [86]
NOTE 40p.
PUB TYPE Reference Materials - Directories/Catalogs (132) -- Guides - Non-Classroom Use (055)

EDRS PRICE MF01/PC02 Plus Postage.
DESCRIPTORS Community Services; Delivery Systems; *Developmental Disabilities; Employment Services; Medical Services; Preventive Medicine; *Private Agencies; *Public Agencies; *Resources; Social Services; State Programs; Vocational Education
IDENTIFIERS Early Intervention; Independent Living; *New Jersey

ABSTRACT

This volume provides a quick reference to services available in New Jersey for people with developmental disabilities and their families. The guide begins with a brief overview of New Jersey's definition of developmental disabilities, a description of the work of the New Jersey Developmental Disabilities Council, and an outline of civil rights guarantees provided by major Federal laws. The guide contains the following chapters: "Delivery of Services" (public agencies, county offices on the handicapped, private providers); "Preventive and Remedial Health Care" (prevention, diagnosis and evaluation, financial assistance); "Identification and Early Intervention"; "Special Education"; "Vocational Training and Employment" (Division of Vocational Rehabilitation Services, employment services, sheltered workshops, work activities training centers); "Community Living and Habilitation Services" (personal care assistants, respite care, community care programs for the elderly and disabled, day training, adult activities, adult day care); "Transportation Services"; "Recreation and Leisure"; "Advocacy, Legal Assistance, and Guardianship"; and "Adoption and Foster Care." Each chapter lists organizations providing services for the developmentally disabled, along with the address, telephone number, and description of the specific services offered. (JDD)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****

ED288335

Published by the
NEW JERSEY DEVELOPMENTAL DISABILITIES COUNCIL

Resources

A guide to services for people with developmental disabilities and their families

Clarence N. York, Ed.D., Chairman *Catherine Rowan, Executive Director* *Gregory Mizanin, Editor*

"PERMISSION TO REPRODUCE THIS MATERIAL HAS BEEN GRANTED BY

Gregory G. Mizanin

TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)."

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

☑ This document has been reproduced as received from the person or organization originating it.

☐ Minor changes have been made to improve reproduction quality.

• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy.

The New Jersey Developmental Disabilities Council operates pursuant to state law (PL 1979, Chapter 105) in keeping with the requirements of the federal Developmental Disabilities Services and Facilities Construction Act of 1970 (PL 91-517) and the Developmentally Disabled Assistance and Bill of Rights Act of 1975 (PL 94-103) and its amendments (PL 95-602 of 1978 and PL 98-527 of 1984). The act requires the existence in each state of a permanent, official planning and advisory council whose functions include: planning, by assessing the needs of the handicapped population, recommending immediate and long-range service priorities, and developing a state plan (which is revised and updated each year); coordination of all available service programs affecting the disabled; communications and provision of information; and provision for the utilization within the state of grant monies made available under the act.

The New Jersey Developmental Disabilities Council fulfills its obligations to handicapped individuals under Section 504 of the Rehabilitation Act.

EC 201216

- Overview 5
- Civil Rights 7
- Delivery of Services 8
- Preventive and Remedial Health Care 13
- Identification and Early Intervention 19
- Special Education 23
- Vocational Training and Employment 25
- Community Living and Habilitation Services 29
- Transportation Services 35
- Recreation and Leisure 36
- Advocacy, Legal Assistance and Guardianship 39
- Adoption and Foster Care 41

Overview

Developmental Disabilities

New Jersey defines a developmental disability as a lifelong condition that severely affects a person's ability to perform life's everyday tasks. This functional definition is important, because it determines who is eligible for state programs and services.

In the past, the state recognized a categorical definition of developmental disabilities. Only people diagnosed as having mental retardation or adult autism were eligible for respite care, homemaker services, vocational training or many of the other services and programs provided by the state.

On April 24, 1985, Governor Thomas H. Kean signed a new law that eliminated the emphasis on medical labels. Specifically, New Jersey law says a developmental disability is a condition that:

1) is attributable to a mental or physical impairment or combination of mental or physical impairments;
2) is manifest before age 22;
3) is likely to continue indefinitely;
4) results in substantial functional limitations in three or more of the following areas of major life activity:
   a. self-care,
   b. receptive and expressive language,
   c. learning,
   d. mobility,
   e. self-direction,
   f. capacity for independent living, or
   g. economic self-sufficiency,
5) reflects the need for a combination and sequence of special, interdisciplinary or generic care, treatment or other services that are:
   a. of lifelong or extended duration, and
   b. individually planned and coordinated.

The New Jersey Developmental Disabilities Council

The New Jersey Developmental Disabilities Council is the official state agency responsible for planning, strengthening, and coordinating services for people who have a developmental disability.

The Council consists of 30 members—18 members who are either a person who has a developmental disability or the parent of a child who has a developmental disability, and 12 members who represent government agencies that have direct responsibilities to people with developmental disabilities. Members are appointed by the governor and approved by the State Senate to serve a three-year term. The Council is assisted by a staff of professional and clerical personnel who carry out the planning, legislative research, communications, and referral-information tasks.

To meet its responsibilities, the Council meets five times a year, on the fourth Thursday in October, December, February, April and June. Meetings are usually held at the Center for Health Affairs, 760 Alexander Road, Princeton, N.J., and are open to the public.

A primary task of the Council—and a basic condition for securing federal funds—is development of a state plan for services to people with developmental disabilities. To prepare the plan, the Council studies the needs of citizens with developmental disabilities and recommends immediate and long-range goals and objectives. The Council allocates federal grants under the Developmental Disabilities Assistance and Bill of Rights Act to bridge gaps in service and strengthen existing services.

In addition to implementing the federal developmental disabilities program in New Jersey, the Council has a wide range of responsibilities. These include:

- Designating priority service areas,
- Promoting public awareness to the needs of persons with developmental disabilities,
- Protecting the civil rights of persons with developmental disabilities,
- Monitoring legislation that affects the lives of persons with developmental disabilities,
- Encouraging research and preventive measures,
- Advising local government agencies about federal and state programs pertaining to persons with disabilities,
- Providing technical assistance to those agencies for meeting requirements to participate in such programs.

The Council's annual goals and objectives are contained in the "State Plan for Services to Persons with Developmental Disabilities."

SCRIP: 1-800-792-8858

When searching for a program or service for yourself or your child, a good place to begin is the Statewide Computerized Referral-Information Program, SCRIP.

More than 1,500 facilities providing approximately 5,000 distinct services specifically for people with disabilities are listed in SCRIP data bases. These services include residential facilities, recreation opportunities, education programs, diagnostic evaluations, medical treatments, job placement assistance and many more.

To request a free search for a specific program or service, simply dial the toll free SCRIP hotline, 1-800-792-8858 (Mon.-Fri., 9:30 a.m.-4:30 p.m.). An information-referral specialist will ask about the primary handicap, any secondary handicaps, the type of program or service you are looking for, and the city or county where the service is needed. If you call during off hours, an answering machine will ask for your name and telephone number and a member of the staff will return your call as soon as possible.

Once the necessary information is obtained, it is entered into the computer and matched with the appropriate service or nearest alternatives. The computer printout is mailed to you, usually within two days.

RESOURCES

This guide is designed to be an introduction to New Jersey's service network for people with developmental disabilities and their families. It is meant to be a quick reference to some of the typical services that may be required at different stages of development. It is not, however, a conclusive directory of such services. A more comprehensive listing is available through SCRIP or the agencies listed under "Delivery of Services" in this guide.

While every effort was made to be accurate and clear, there are bound to be changes in legislation, localities, etc., which affect the accuracy of this guide. Consumers are urged to contact the Developmental Disabilities Council office in Trenton and ask to be placed on the Council's mailing list in order to stay abreast of these changes. Persons on the mailing list receive the Council's news magazine, *Interface*, as well as other publications and information.

New Jersey Developmental Disabilities Council
108-110 North Broad Street, CN-700
Trenton, New Jersey, 08625.
(609) 292-3745

Civil Rights

Persons with developmental disabilities have the same basic human and civil rights as other persons under federal and state law. These include the right to an education, a job, social services and health care. In addition to basic rights guaranteed by the U.S. Constitution and legislation such as the Civil Rights Act of 1964, certain laws specifically assure the rights of disabled persons. The major federal laws are:

1. **The Developmental Disabilities Assistance and Bill of Rights Act:**
   - Persons with developmental disabilities have a right to appropriate treatment for the disability;
   - Treatment should be designed to maximize the developmental potential of the person;
   - The federal government and the state both have an obligation to assure that public funds are not provided to any residential program that does not meet certain standards;
   - Nonresidential programs must be appropriate to the persons being served.

2. **Title V, the Rehabilitation Act of 1973:**
   - All federal government agencies must take affirmative action to look for ways of employing and promoting disabled persons;
   - An Architectural and Transportation Barriers Compliance Board must be set up to ensure that disabled persons can enter and use federal governmental buildings and public transportation;
   - Private companies with federal government contracts must take affirmative action to employ and promote disabled persons;
   - A person cannot be refused benefits or services from any agency, program or activity receiving federal money because of disability if the person is otherwise qualified for the benefit or service.

3. **The Education for All Handicapped Children Act (P.L. 94-142):**
   - All children, regardless of handicap, are entitled to a free, appropriate education;
   - If a child is between the ages of three and 21, the local school district must give services directly or pay for services;
   - A handicapped child must be educated in the "least restrictive environment" in the same ways and in the same places as nonhandicapped students as much as possible;
   - The local school district must offer, without extra charge, appropriate support services to handicapped students such as transportation, speech therapy, counseling and learning aids;
   - Handicapped students must be able to enter and move about freely in school buildings and facilities such as libraries, stadiums, and cafeterias;
   - Local school district staff must develop, with the participation of the parents, a written "Individualized Education Program" for each handicapped child, listing the educational goals for the child and the services that will be provided to reach these goals.

In addition to federal legislation, citizens of New Jersey are protected by the state's Developmentally Disabled Rights Act, which, among other provisions, specifically safeguards the rights of persons in institutions. It guarantees that:

- Persons in institutions shall receive humane treatment;
- Each person with a developmental disability must have a written "Individualized Habilitation Plan," which includes the habilitation goals and the services needed to meet them;
- Assures that every institutionalized individual between the ages of 3 and 21 be provided a thorough and efficient education suited to the person's age and abilities.

Delivery of Services

Public Agencies

The following is a summary of the New Jersey state agencies that provide services to persons with developmental disabilities. While each agency is organized and administered independently of one another, they all share the common characteristic that at least some percentage of their target population is developmentally disabled persons.

1. Department of Human Services

Commission for the Blind and Visually Impaired
—tutoring, career development, homemaker services and eye screening programs;

Division of Developmental Disabilities
—residential and habilitative services;
—skills development programs;
—case management;
—community services;

Division of Medical Assistance and Health Services
—Medicaid;
—Early and Periodic Screening, Diagnosis and Treatment Program;

Division of Public Welfare
—income assistance programs, including Supplemental Security Income;

Division of Youth and Family Services
—protective care, foster care, residential care and adoption;
—special services to autistic children;

Division of Mental Health and Hospitals
—counseling, crisis intervention, diagnosis and evaluation, residential care, and information and referral.

2. Department of Health

Special Child Health Services
—programs to prevent and treat handicapping conditions in children;

The Maternal and Child Health Program
—prenatal and perinatal care, the federal Women, Infants and Children Supplemental Feeding Program, and child health supervision.

3. Department of Education

Division of Special Education
—responsible for all state-funded special education programs and services for handicapped children in the public schools;

Division of Vocational Education

4. Department of Labor

Division of Vocational Rehabilitation Services
—vocational training, evaluation and placement;

Division of the Deaf
—research and assistance for program development, information-referral and interpreting services.

5. Department of Community Affairs

Office on Recreation for the Handicapped
—community-based recreation and leisure programs

Rental Assistance Program
—assists lower-income families in securing decent rental housing

6. Department of the Public Advocate

Division of Advocacy for the Developmentally Disabled
—responsible for protecting and advocating the rights of persons with developmental disabilities;

Division of Mental Health Advocacy
—represents the interests of indigent patients at public and private mental institutions and investigates allegations of neglect and abuse in institutions and community settings.

7. Department of Transportation

Office of Coordinated Transportation
—responsible for improving the delivery of specialized transportation services to disabled and elderly citizens by coordinating county and state vehicles and programs.

8. New Jersey Transit

—a state-contracted corporation responsible for providing specialized mass transportation buses for use by disabled and elderly persons and for administering the Reduced Fare Program.

9. University Affiliated Facility, University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School

—provides research, training and education to universities and providers to improve the delivery of services to people with developmental disabilities.

County Offices on the Handicapped

Currently, 12 counties in New Jersey have a special office that provides information and referral about local services and programs for persons with disabilities.

Atlantic County
1333 Atlantic Ave.
Atlantic City, NJ 08401
(609) 345-6700, ext. 2831

Bergen County
355 Main St.
Hackensack, NJ 07601
(201) 646-3555

Camden County
c/o Malberg School
Ranaldo Terrace
Cherry Hill, NJ 08304

Cumberland County
1680 West Sherman Ave.
Vineland, NJ 08360
(609) 691-9430

Essex County
P.O. Box 500
Cedar Grove, NJ 07009
(201) 228-8230

Gloucester County
251 N. Delsea Dr.
Deptford, NJ 08096
(609) 845-2703

Hudson County
280 Grove St.
Jersey City, NJ 07307
(201) 547-6875

Mercer County
2751 Brunswick Pike
Lawrenceville, NJ 08648
(609) 883-5054

Middlesex County
841 Georges Rd.
North Brunswick, NJ 08902
(201) 745-4013

Monmouth County
29 East Main St.
P.O. Box 1255
Freehold, NJ 07728
(201) 431-7399

Ocean County
34 Hadley Ave.
CN 2191
Toms River, NJ 08754
(201) 244-6804

Union County
Union County Administration Building
Elizabeth, NJ 07207
(201) 527-4828

Passaic County
Passaic County Administration Building
317 Pennsylvania Ave.
Paterson, NJ 07503
(201) 881-4363

Private Providers

In contrast to public agencies whose eligibility requirements are governed by law, private providers have more flexibility in determining whom they serve. These agencies are an integral part of the service network, and state agencies often purchase services from them for their eligible clients.

The number and variety of private providers make it difficult to describe or even list them in a printed directory. A detailed listing of private (and public) agencies offering specific services for specific disabilities, can be obtained by calling SCRIP. The following are some of the private agencies in New Jersey serving persons with developmental disabilities.

Autism

Appropriate Living for the Autistic, Inc.
50 Lawlins Park South
Wycoff, NJ 07481
(201) 848-8590

New Jersey Council of Organizations and Schools
for Autistic Children and Adults
123 Franklin Corner Rd.
Suite 215
Lawrenceville, NJ 08648
(609) 895-0190
Hotline: 1-800-4AUTISM

Cerebral Palsy

United Cerebral Palsy Association of New Jersey
354 South Broad St.
Trenton, NJ 08611
(609) 392-4004

Belleville Cerebral Palsy of Essex and West Hudson
7 Sanford Ave.
Belleville, NJ 07109
(201) 751-0200

Cerebral Palsy Center of Bergen County, Inc.
241 N. Van Dien Ave.
Ridgewood, NJ 07540
(201) 444-6017

Cerebral Palsy of Gloucester-Salem
Route 322
Glassboro, NJ 08028
(609) 881-8678

Cerebral Palsy of Middlesex County
Roosevelt Park-Oak Drive
Edison, NJ 08837
(201) 549-5580

Cerebral Palsy School & Treatment Center of Camden County
7512 North Crescent Blvd.
Pennsauken, NJ 08110
(609) 662-7300

Githens Center for the Physically Handicapped of Burlington County
Cerebral Palsy Association
Cedar St.
Mt. Holly, NJ 08060
(609) 261-1667

Matheny School for Cerebral Palsy
Peapack, NJ 07977
(201) 234-0011

Passaic County Elks
Cerebral Palsy Treatment Center
1481 Main Ave.
Clifton, NJ 07011
(201) 772-2600

United Cerebral Palsy of Cumberland County
P.O. Box 787
Millville, NJ 08332
(609) 825-9109

United Cerebral Palsy of Hudson County
8814 Kennedy Blvd.
North Bergen, NJ 07047
(201) 662-0080

United Cerebal Palsy of Monmouth and Ocean Counties
75 N. Bath Ave.
Long Branch, NJ 07740
(201) 222-4741

United Cerebral Palsy of North Jersey
91 South Harrison St.
East Orange, NJ 07018
(201) 674-1150

UCPANJ/Tri-County Unit
31 Fairmount Ave.
Chester, NJ 07960
(201) 879-2243

United Cerebral Palsy of Union County
373 Clermont Terrace
Union, NJ 07083
(201) 354-5800

Mental Retardation

Association for Retarded Citizens, N.J.
985 Livingston Ave.
North Brunswick, NJ 08902
(201) 246-2525

ARC County Units:

Atlantic County
1033 N. Main St.
Pleasantville, NJ 08232
(609) 645-0025

Bergen-Passaic Counties
481A Edward Ross Dr.
Elmwood Park, NJ 07407
(201) 797-0100

Burlington County
1011 Deacon Rd.
Hainesport, NJ 08036
(609) 267-5453

Camden County
215 West White Horse Pike
Berlin, NJ 08009
(609) 767-3650

Cape May County
6th St & Maryland Ave.
Rio Grande, NJ 08242
(609) 465-9349

Cumberland County
1680 West Sherman Ave.
Vineland, NJ 08360
(609) 691-9138

Essex County
7 Regent St.
Livingston, NJ 07039
(201) 535-1181

Gloucester County
1555 Gateway Blvd.
Woodbury, NJ 08096
(609) 848-8648

Hudson County
365-381 Clendenny Ave.
Jersey City, NJ 07304
(201) 434-7783

Hunterdon County
84 Park Ave.
Flemington, NJ 08822
(201) 782-7827

Mercer County
P.O. Box 5696
Trenton, NJ 08638
(609) 393-2483

Monmouth County
630 Broad St.
Shrewsbury, NJ 07701
(201) 747-2928

Morris County
P.O. Box 123
Morris Plains, NJ 07950
(201) 326-9750

Ocean County
345 Chambers Bridge Rd.
Brick Town, NJ 08723
(201) 477-4321

Raritan Valley
1014 Livingston Ave.
North Brunswick, NJ 08902
(201) 846-2586

Salem County
P.O. Box 5
Salem, NJ 08079
(609) 935-3600

Somerset County
P.O. Box 382
203 South Main St.
Manville, NJ 08835
(201) 725-8544

Sussex County
8 Hampton Rd.
Newton, NJ 07860
(201) 383-7442

Union County
225 South Ave.
Plainfield, NJ 07062
(201) 754-5910

Warren County
P.O. Box 42
Washington, NJ 07882
(201) 689-3244

Other Disability Organizations

Arthritis Foundation
26 Prospect St.
Westfield, NJ 07090
(201) 233-7151

Association for Advancement of Mental Health
145 Witherspoon St.
Princeton, NJ 08540
(609) 924-7174

Association for Independent Living
943 Kearney Dr.
North Brunswick, NJ 08902
(201) 297-2602

Epilepsy Foundation of New Jersey
206 West State St.
Trenton, NJ 08608
(609) 392-4900

Cystic Fibrosis Foundation
Greater New Jersey Chapter
105 Church St.
Totowa, NJ 07512
(201) 790-3100

Easter Seals Society
32 Ford Ave.
P.O. Box 155
Milltown, NJ 08850
(201) 247-8353

Multiple Sclerosis Association
601 White Horse Pike
Oaklyn, NJ 08107
(609) 858-3211

Muscular Dystrophy Association
New Jersey Chapter
10 St. Georges Ave.
Plaza 35, Suite 307
Avenel, NJ 07001
(201) 750-5040
patient services coordinator:
1-800-221-1142

New Jersey Association for Children
With Hearing Impairments, Inc.
195 Nassau St.
Princeton, NJ 08540
(609) 921-1290

New Jersey Association for Children
With Learning Disabilities
284 East Main St.
Oceanport, NJ 07757
(201) 389-3337

New Jersey Association of the Deaf and Blind, Inc.
288 Summerhill Rd.
East Brunswick, NJ 08816
(201) 390-5920

New Jersey Head Injury Association
289 High St.
Metuchen, NJ 08840
(201) 548-2326

New Jersey Self-Help Clearinghouse
St. Charles-Riverside Medical Center
Denville, NJ 07834
1-800-367-6274

Recording for the Blind
20 Roszel Rd.
Princeton, NJ 08540
(609) 452-0606

Spina Bifida Coalition of N.J.
RWJ Rehabilitation Institute
John F. Kennedy Medical Center
James St.
Edison, NJ 08818
(201) 549-3663

Preventive and Remedial Health Care

Prevention

The origin of developmental disabilities often can be traced to environmental, organic or social conditions. These factors may have an affect before conception, during pregnancy, at the time of birth, or during childhood.

Genetic or chromosomal abnormalities, alcohol and drug abuse, environmental contaminants and inadequate prenatal care all play a significant role in complicating the healthy development of a fetus.

At birth, complications in delivery and conditions of the newborn (such as prematurity or low birth weight) are known to adversely affect the brain and increase the risk of impairment.

Undetected diseases and illnesses, malnutrition, lead poisoning, abuse and neglect, and severe head injury, which is the most common reason why children are admitted to hospitals in the state, may be the cause of a developmental disability during childhood.

In recent years, a great deal of emphasis has been placed on effective prevention to decrease the onset of developmental disabilities. The Governor's Council on the Prevention of Mental Retardation has been a driving force behind the campaign to inform the public about these high risk factors that are known to impact an infant's development.

Knowledge of approriate prenatal and postnatal care is essential for parents who may be at risk. Especially at risk are women under 18. Pregnancy in adolescence increases the risks of premature birth, low birth weight, birth complications and birth defects.

High Risk Factors

I. Before Conception and During Pregnancy

A. Organic Conditions
- —Chromosomal abnormalities
- —Genetic abnormalities
- —Congenital infections and maternal diseases

B. Environmental Conditions
- —Environmental contaminants
- —Alcohol consumption
- —Smoking

C. Social Conditions
- —Adolescent pregnancy
- —Inadequate prenatal care

II. At the Time of Birth:

A. Premature birth
B. Birth complications

III. During Childhood:

A. Diseases and infections
B. Malnutrition
C. Lead poisoning
D. Abuse and neglect
E. Accidents
F. Poisoning

Diagnosis and Evaluation

Diagnostic services identify the presence, cause and extent of a developmental disability. Evaluation services systematically appraise an individual to determine 1) the extent to which the disability limits, or can be expected to limit, normal development and activity; 2) the extent to which the disability can be minimized by appropriate services and 3) the specific services that are needed.

Many, if not most, public and private programs for developmentally disabled persons provide diagnostic and evaluation services as a component. Educational, vocational, residential and day programs require, and usually provide, diagnosis and evaluation as part of the admissions procedure or as part of the treatment plan.

Department of Health

The state agency primarily responsible for health care services to New Jersey's citizens is the Department of Health. Within the department, two programs specifically provide services to persons with developmental disabilities—Special Child Health Services and the Maternal and Child Health Program.

Special Child Health Services

Special Child Health Services is a comprehensive program designed to provide a network of services to meet the needs of children with developmental disabilities. Formerly the Crippled Children's Program, SCHS receives state, county and federal funds under Title V of the federal Social Security Act. The four component programs of SCHS are:

- Medical and Rehabilitative Services, which funds diagnostic, evaluation and treatment centers to provide interdisciplinary assessments and coordinated treatment plans for physically handicapped and chronically ill children;
- The Genetic Services Program, which provides genetic testing and counseling services through a network of three major and eight satellite centers located throughout the state;
- The Juvenile Terminal Illness Assistance Program, which provides limited financial assistance for the care and treatment of children suffering from terminal illnesses;
- Case Management Service, which promote a more comprehensive, individualized and coordinated approach to community services through the use of county-based units.

SCHS funds a variety of in-patient and out-patient facilities providing detection, prevention and treatment services for children with handicapping or potentially handicapping conditions. These facilities and services include: Comprehensive Pediatric Sub-Specialty Services; Cranio-Facial Anomalies Centers (including cleft lip/palate); Genetic Testing and Counseling Services; Neonatal Follow-up Programs; Pediatric Oncology Services; Pediatric Cardiology; Pediatric Pulmonary Disease Centers (including cystic fibrosis); Thalassemis Evaluation/Treatment Centers; PKU Programs; Child Evaluation Centers; Comprehensive Outpatient Rehabilitation Services; Communication Disorders Centers; Infant Programs; and Home Health Agencies/Visiting Nurse Services. The program also provides financial assistance for the purchase of braces, prostheses, hearing aids and other medical equipment.

Agencies receiving funds from SCHS are required to apply a sliding fee scale, based on ability to pay, for most children who are not covered by any third-party payers.

State law requires that all infants born with birth defects or disabilities be registered with the N.J. Department of Health to assure that each child receives necessary health services.

Special Child Health Services
N.J. Department of Health
120 S. Stockton St.
CN 364
Trenton, NJ 08625
(609) 292-5676

Major Genetic Counseling Services Funded by Special Child Health Services:

Division of Human Genetics
Department of Pediatrics
UMDNJ—New Jersey Medical School
Newark, NJ 07103
(201) 456-4499

Division of Medical Genetics
Department of Pediatrics
UMDNJ—Rutgers Medical School
New Brunswick, NJ 08903
(201) 937-7891

Division of Medical Genetics
Jefferson Medical College
Philadelphia, PA 19107
(215) 928-6955

Special Child Health Services, County Case Management Units:

Atlantic County SCHS
Case Management Unit
Dept. of Health & Institutions
201 South Shore Rd.
Northfield, NJ 08225
(609) 645-7700 Ext: 4285

Bergen County SCHS
Case Management Unit
Dept. of Health Services
327 East Ridgewood Ave.
2nd floor
Paramus, NJ 07652
(201) 599-6153

Burlington County SCHS
Case Management Unit
Community Nursing Services
Raphael Meadow Health Center
P.O. Box 287
Woodlane Rd.
Mount Holly, NJ 08060
(609) 267-1950 Ext: 236

Camden County SCHS
Case Management Unit
Dept. of Health
1800 Pavilion West
2101 Ferry Ave.
Camden, NJ 08104
(609) 757-4484

Cape May County SCHS
Case Management Unit
Dept. of Health
Cape May Courthouse
Cape May, NJ 08210
(609) 465-7911

Cumberland County SCHS
Case Management Unit
Dept. of Health
790 East Commerce St.
Bridgeton, NJ 08302
(609) 451-8000 Ext: 371

Essex County SCHS
Case Management Unit
Dept. of Health
520 Belleville Ave.
Belleville, NJ 07109
(201) 751-2322

Gloucester County SCHS
Case Management Unit
Dept. of Health
2 Regulus Dr.
Turnersville, NJ 08012
(609) 589-6168

Hudson County SCHS
Case Mangement Unit
Jewish Hospital &
Rehabilitation Center
198 Stevens Ave.
Jersey City, NJ 07305
(201) 451-9000 Ext: 288

Hunterdon County SCHS
Case Management Unit
Hunterdon Medical Center
Route 31
Flemington, NJ 08822
(201) 788-6398

Mercer County SCHS
Case Management Unit
Project Child
Mercer County Special Services
4660 Nottingham Way
Hamilton Square, NJ 08690
(609) 882-1475 Ext: 31

Middlesex County SCHS
Case Management Unit
Dept. of Health
60 Main St.
Helmetta, NJ 08828
(201) 521-1969

Monmouth County SCHS
Case Management Unit
MCOSS Nursing Services, Inc.
141 Bodman Pl.
Red Bank, NJ 07701
(201) 747-1204 Ext: 268

Morris County SCHS
Case Management Unit
Morris Memorial Hospital
100 Madison Ave., P.O. Box 60
Morristown, NJ 07960
(201) 285-4155

Ocean County SCHS
Case Management Unit
Dept. of Health
CN 2191
Sunset Ave.
Toms River, NJ 08753
(201) 341-9700 Ext: 602

Passaic County SCHS
Case Management Unit
Visiting Health Services
of Passaic Valley
783 Riverview Dr.
P.O. Box 70
Totowa, NJ 07011
(201) 256-4636

Salem County SCHS
Case Management Unit
Dept. of Health
P.O. Box 346
Woodstown, NJ 08098
(609) 769-2126

Somerset County SCHS
Case Management Unit
Somerset Crippled Children's
Treatment Ctr.
935 Route 22 Westbound
P.O. Box 6824
Bridgewater, NJ 08807
(201) 725-2366

Sussex County SCHS
Case Management Unit
Dept. of Health
Div. of Public Health Nursing
P.O. Box 139, RD 3
Newton, NJ 07860
(201) 948-5400 Ext: 149

Union County SCHS
Case Management Unit
Children's Specialized Hospital
New Providence Rd.
Westfield, NJ 07091
(201) 233-3720

Warren County SCHS
Case Management Unit
Dept. of Health
Div. of Personal Health Services
151 West Washington Ave.
Washington, NJ 07882
(201) 689-6000

Maternal and Child Health Program

The Maternal and Child Health Program, located in the Division of Community Health Services of the N.J. Department of Health, is designed to improve the health of pregnant women, infants and preschool children in New Jersey. The focus of the program is to prevent major health problems by contracting with schools that provide a variety of health services to mothers and young children. Among the services provided are prenatal and perinatal care, screening programs for newborn infants (including hypothyroid, PKU, galactosemia and newborn hearing screening), child health supervision and immunization, and family planning.

MCH also administers the federal Women, Infants and Children Supplemental Feeding Program, which is perhaps the largest preventive health service in the state. WIC provides specified nutritious supplemental foods to pregnant, postpartum and breastfeeding women, and to infants and children up to their fifth birthday who are at "nutritional risk."

Eligibility for MCH services is determined by the local agencies under contract with MCH. It is usually dependent upon the family income level and the number of persons in the family.

Maternal and Child Health Program
N.J. Department of Health
120 S. Stockton St.
Trenton, NJ 08625
(609) 292-5616

WIC Program
CN 364
Trenton, NJ 08625
(609) 292-9560

Department of Human Services

Located within the Department of Human Services is Early and Periodic Screening, Diagnostic and Treatment, a component of the federal Medicaid program. Established by Congress in 1967 to identify any physical or developmental problems of children in Medicaid-eligible families, EPDST is intended to provide preventive as well as remedial health care. In New Jersey the EPDST program is administered by the Division of Medical Assistance and Health Services in the N.J. Department of Human Services. Services are provided primarily by state contracts with "providers of service" in the private sector.

In addition to EPSDT services provided by private practitioners across the state, the Division of Medical Assistance and Health Services has agreements with local health departments, neighborhood health centers, hospital outpatient departments and several state agencies including: the Commission for the Blind and Visually Impaired, the Division of Developmental Disabilities, the Division of Mental Health and Hospitals, the Division of Vocational Rehabilitation Services, and the Department of Health.

Local Medicaid offices, as well as your county welfare agency, can provide prospective clients with additional information concerning the EPDST program.

Division of Medical Assistance
and Health Service
N.J. Department of Human
Services
7 Quakerbridge Plaza
CN 712
Trenton, NJ 08625

Medicaid Information
(609) 588-2718

Financial Assistance

Medicaid District Offices

Atlantic County (609) 441-3620	Essex County (201) 648-2470	Middlesex County (201) 246-0653	Salem County (609) 845-7185
Bergen County (201) 488-5667	Gloucester County (609) 845-7185	Monmouth County (201) 775-5700	Somerset County (201) 782-1130
Burlington County (609) 261-0448	Hudson County (201) 433-8011	Morris County (201) 267-1700	Sussex County (201) 267-1700
Camden County (609) 757-2870	Hunterdon County (201) 782-1130	Ocean County (201) 255-6226	Union County (201) 355-8860
Cape May County (609) 696-6560	Mercer County (609) 292-7315	Passaic County (201) 977-4077	Warren County (201) 782-1130

The Supplemental Security Income Program

Supplemental security income (SSI) is a federal income maintenance program for the aged, visually impaired and disabled. The program provides monthly payments to those who have little or no income and resources.

The U.S. government administers the SSI program through the Social Security Administration. It makes the basic payments to recipients, determines eligibility of claimants, and maintains a master record of recipients. Even though the Social Security Administration runs the SSI program, it is not the same as Social Security.

The SSI program is financed from general funds of the U.S. Treasury, such as personal income taxes, corporation taxes and other taxes. Social Security is funded through the Social Security taxes paid by workers, employers and self-employed people. The two programs also differ in eligibility requirements and the method of figuring payments.

Persons who are age 65 or over, or persons with a disability (including children) may be able to collect SSI payments if they have little or no regular cash income and only limited assets. If you begin receiving SSI, you also will receive Medicaid automatically. You do not need to apply separately for Medicaid. If you are not eligible for SSI because of your income and you are a patient in a medical facility, you may still be eligible for Medicaid coverage.

If you believe you may be eligible for SSI payments, you may apply at any Social Security office. Parents or guardians can apply on behalf of eligible children under age 18. It is a good idea to call your local Social Security office beforehand (the telephone number is listed in the white pages of your directory), to make sure you have all the necessary records, such as bank statements, medical records and copies of tax returns.

The Medically Needy Program

The Medically Needy Program, an extension of the state's Medicaid Program, is designed to aid families that do not qualify for Medicaid, but are burdened by unaffordable medical expenses. Eligible participants are those who are over 65, people with a disability, pregnant women and medically needy children under 21. In addition, eligibility is determined by income level.

Applicants can contact their County Welfare Agency/Board of Social Services for an appointment to determine eligibility. In addition, a toll-free hotline is available weekdays from 9 a.m. to 5 p.m.: 1-800-624-4684.

County Welfare Agencies/Board of Social Services

Atlantic County Dept. of Social Services
Division of Welfare
1333 Atlantic Ave.
Atlantic City, NJ 08401
(609) 348-3001

Bergen County Board of Social Services
221 Route 4 West
Paramus, NJ 07652-5182
(201) 288-6969

Burlington County Welfare Board
Lumberton Plaza
Rt. 38 & Eayrestown Rd.
Mount Holly, NJ 08060
(609) 261-1000

Camden County Board of Social Services
County Administration Building
600 Market St.
Camden, NJ 08101
(609) 757-6600
(609) 757-6621

Cape May County Welfare Board
Social Services Building
P.O. Box 222
Rts. 47 & 9
Rio Grande, NJ 08242
(609) 886-6200

Cumberland County Welfare Agency
13 North East Boulevard
Vineland, NJ 08360
(609) 691-4600
(609) 451-7000
(609) 327-0114

Essex County Dept. of Citizen Services
Division of Welfare
15 South Munn Ave.
East Orange, NJ 07018
(201) 675-3324

Gloucester County Board of Social Services
400 Hollydell Drive
Sewell, NJ 08080
(609) 582-9200

Hudson County Division of Welfare
John F. Kennedy Office Building
100 Newkirk St.
Jersey City, NJ 07306
(201) 420-3000

Hunterdon County Board of Social Services
Community Services Center
6 Gauntt Place
Flemington, NJ 08822
(201) 788-1300

Mercer County Board of Social Services
200 Wolverton St.
CN 01450
Trenton, NJ 08650
(609) 989-4664

Middlesex County Board of Social Services
P.O. Box 509
125 New St.
New Brunswick, NJ 08903
(201) 745-3500

Monmouth County Board of Social Services
P.O. Box 3000
Freehold, NJ 07728
(201) 431-6300

Morris County Board of Social Services
Hall of Records
Court St.
Morristown, NJ 07960-9904
(201) 829-8301

Ocean County Board of Social Services
P.O. Box 547
1027 Hooper Ave.
Toms River, NJ 08754-0547
(201) 349-1500

Passaic County Board of Social Services
80 Hamilton St.
Paterson, NJ 07505-2057
(201) 881-3228
(201) 881-3229

Salem County Welfare Agency
98 Market St.
Salem, NJ 08079
(609) 935-7510

Somerset County Board of Social Services
P.O. Box 936
73 East High St.
Somerville, NJ 08876
(201) 526-8800

Sussex County Welfare Agency
P.O. Box 218
18 Church St.
Newton, NJ 07860-0218
(201) 383-3600

Union County Board of Social Services
80 Broad St.
Elizabeth, NJ 07201
(201) 351-1112

Warren County Welfare Agency
Court House
Second & Hardwick Sts.
Belvidere, NJ 07823
(201) 475-5361

Identification and Early Intervention

While many developmental disabilities are clearly recognizable at birth, others are slow in developing outward characteristics. Symptons of developmental disabilities often can be mistaken for symptoms of other, usually less serious conditions. On the other hand, what appears to be a signal of a developmental disability may be only a symptom of a passing, temperamental or otherwise normal characteristic of the individual child's development.

Parents, as those adults closest to the infant or young child, are in the best position to notice the earliest signs of developmental delays. A general guide of developmental milestones may be helpful to parents. However, children develop at greatly varying paces, both in terms of overall development and specific areas of development (physical, motor, social and intellectual). Moreover, developmental disabilities are almost always characterized, not by the presence of one or two symptoms, but by particular groupings of signals. Parents should keep these two factors in mind in deciding whether or not a perceived developmental delay merits closer attention or is simply part of the child's normal development.

AGE	DEVELOPMENTAL MILESTONES
1 month	Eye-to-eye contact established; raises head slightly when lying on stomach; eye contact with moving objects;
2 months	Fixates on favorite object at least three seconds; holds head up while supported in sitting position; eye contact with moving person; occasionally smiles; vocalizes somewhat;
3 months	Head control getting better; recognizes breast or bottle; begins reaching behavior (extension of toes and fingers); coos and chuckles;
4 months	Good head control; rolls from side to side; grabbing response to object near hand; likes to play; laughs;
6 months	Head turns to locate sound; sits with minimal support; rolls around; transfers object from hand to mouth; vocalizes more than two distinct sounds;
7 months	Nesting or snuggling behaviors;
8 months	Orients to the sound of his or her name by turning head and brightening face;
9 months	Infant vocalization and imitation; rythmic movements to voice; baby talk ("ma, da, ga"); sits unaided;
12 months	Decreased head lag; pulls up to standing position; takes steps when supported; stacks two blocks; gives affection; may say two or three words;
15 months	May walk without support; attenuated grasp reflex; deliberate reaching and accurate grasping; stacks three blocks;
18 months	Walks, climbs one stair; vocabulary between five and 10 words;
2 years	Puts two or three words together;
3 years	Verbalizes toilet needs; able to feed self;

Early Intervention

The infant with an impairment of normal abilities, capacities or senses cannot advance at the same pace as other infants. A special program of stimulation, begun at the earliest possible period of time, is of extreme importance. Early intervention cannot necessarily guarantee that the child will develop at a normal pace, but delaying such tactics will almost certainly cause the infant to fall farther behind his or her potential.

Fortunately, most pediatricians will recommend that the parents find an early intervention program, almost immediately after diagnosing a developmental disability. Some pediatricians, however, may still be unaware of the advantages of early intervention.

To help identify infants with a developmental disability, between the ages of birth to 3, the Department of Education administers Project Child Find, which screens young children in every county in the state for developmental problems in hearing, vision, speech and motor coordination. Also, parents of children from birth to age 21 can call Project Child Find toll free if they suspect their child may need special education services. The free services available through Project Child Find include educational diagnostic evaluation, professional guidance and referral to programs.

Project Child Find
1-800-322-8174

Early Intervention Programs

New Jersey Intervention Coalition
7 S. Racetrack Rd.
East Brunswick, NJ 08816
(201) 240-2121

Atlantic County:

Children Seashore House
Early Intervention Program
35 S. Annapolis Ave.
Atlantic City, NJ 08401
(609) 345-5191

Bergen County:

Institute for Child Development
Early Intervention Program
Hackensack Medical Center
30 Prospect Ave.
Hackensack, NJ 07601
(201) 441-2166

Burlington County:

Memorial Hospital
Early Intervention Program
Tiffany Square Office Bldg.
2615 Route 38
Mt. Holly, NJ 08060
(609) 261-7040

Lakeview Child Development Ctr.
Early Intervention Program
Bldg. 5523
Nashville & Tennessee Aves.
Fort Dix, NJ 08640

Camden County:

Our Lady of Lourdes Medical Center
Child Development Services
Early Intervention Program
1800 East Pavillion/4th fl.
1800 Davis St.
Camden, NJ 08104

Cape May County:

Cape May County Schools for Special Services
Early Intervention Program, Infant Project
Cresthaven Rd.
Cape May Court House, NJ 08210
(609) 465-2721

Cumberland County:

Shirley Eves Center
Early Intervention Program
10th & Vine Sts.
Millville, NJ 08332
(609) 825-5840

Essex County:

Shapiro Center for Infant Development
Early Intervention Program
7 Regent St.
Livingston, NJ 07039
(201) 535-1181

Early Intervention Program
Psychoeducation Center
Montclair State College
Upper Montclair, NJ 07043
(201) 893-4255

Gloucester County:

Early Intervention Program
St. John of God Community Services
532 Delsea Dr.
Westville Grove, NJ 08093
(609) 848-4700

Hudson County:

Milestone Child Development Center
Early Intervention Program
114 Clifton Pl.
Jersey City, NJ 07304
(201) 434-7783

United Cerebral Palsy of North Jersey/Hudson Co.
Early Intervention Program
1005-7 Washington St.
Hoboken, NJ 07030
(201) 656-3897

Hunterdon County:

Early Intervention Program
Hunterdon Medical Center
Route 31
Flemington, NJ 08822
(201) 788-6396

Mercer County:

Early Intervention Program
Association for Retarded Citizens, Mercer Unit
600 New York Ave.
Trenton, NJ 08638
(609) 882-1475

Project Child
Early Intervention Program
Mercer County Special Services School District
4660 Nottingham Way
Trenton, NJ 08690
(609) 882-1475

Middlesex County:

Early Intervention Program
Laurie Neurodevelopmental Institute
Medical Education Bldg.
180 Somerset St.
New Brunswick, NJ 08901
(201) 937-8758

Infant & Child Development Program
Early Intervention Program
Cerebral Palsy Association, Middlesex County
Roosevelt Park
Edison, NJ 08837
(201) 549-5580

Monmouth County:

Early Intervention Program
134 Lower Main St.
Aberdeen, NJ 07747
(201) 449-5000

Neptune Township Schools
Special Services Program for the Hearing Impaired
2106 Bangs Ave.
Neptune, NJ 07753
(201) 988-9605

Morris County:

Lake Drive School for Hearing Impaired Children
Early Intervention Program
400 Boulevard
Mountain Lakes, NJ 07046
(201) 299-0166

Early Intervention Program
Rehabilitation Center for the Handicapped Parent-Child
260 Tabor Rd.
Morris Plains, NJ 07950
(201) 539-5636

Early Childhood Enrichment Program
Association for Retarded Citizens, Morris County
Administrative Office
P.O. Box 123
Morris Plains, NJ 07885
(201) 326-9750

Ocean County:

Early Intervention Program, Inc.
c/o Times Observer Bldg.
8 Robbins St.
Toms River, NJ 08753
(201) 240-2121

Passaic County:

The Child Center/Early Intervention Program
Association for Retarded Citizens, Bergen-Passaic Unit
549 Broadway St.
Paterson, NJ 07514
(201) 384-1213

Early Intervention Program
Passaic County Elks Cerebral Palsy Treatment Ctr.
1481 Main Ave.
Clifton, NJ 07011
(201) 772-2600

Somerset County:

Early Intervention Program
Jerry Davis Early Childhood Center
Hamilton School
Hamilton Lane
Basking Ridge, NJ 07920
(201) 658-4359

Sussex County:

Early Intervention Program
Sussex County Educational Services
P.O. Box 248
3 Main St.
Newton, NJ 07060
(201) 383-2343

Union County:

Early Intervention Program
United Cerebral Palsy of Union County
373 Cleremont Terrace
Union, NJ 07083-9990
(201) 354-5800

Warren County:

Project First Step
Warren County Infant Development Program
P.O. Box 42
Port Colden Manor
530 East Washington Ave.
Washington, NJ 07882
(201) 689-1200

Pre-School Handicapped Resource System Consultants

Central Region—Hunterdon, Mercer, Middlesex, Monmouth, Ocean, Somerset and Union Counties:

South Plainfield School
Cromwell Place
South Plainfield, NJ 07080
(201) 754-4620
(serves Middlesex County)

Union Consortium
340 Central Ave.
New Providence, NJ 07974
(201) 464-7625
(serves Somerset and Union Counties)

Mercer County Special Services
4660 Nottingham Way
Trenton, NJ 08690
(609) 882-1475
(serves Hunterdon and Mercer Counties)

Administration Building
1980 Township Dr.
Marlboro, NJ 07746
(201) 536-0400
(serves Monmouth and Ocean Counties)

Northern Region I—Hudson, Morris, Passaic, Sussex and Warren Counties:

Administration Building
Route 46
Budd Lake, NJ 07828
(201) 347-6000 ext. 68
(serves Warren and Morris Counties)

School #28
Presidential Blvd.
Paterson, NJ 07502
(201) 881-6137
(serves Passaic and Sussex Counties)

Northern Region II—Bergen and Essex Counties:

Eugene Field School
Merrison Rd.
Teaneck, NJ 07666
(201) 833-5490
(serves Bergen and Hudson Counties)

Essex County Educational Services Commission
99 Washington St.
East Orange, NJ 07017
(201) 672-8151
(serves Essex County)

Southern Region—Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester and Salem Counties:

Hembold Education Center
Route 50
Corbin City, NJ 08270
(609) 628-2603
(serves Atlantic and Cape May Counties)

Burlington County Special Services
Woodlane Rd.
Mount Holly, NJ 08060
(609) 261-5600
(serves Burlington County)

Haddonfield High School
Haddonfield, NJ
(609) 429-4985
(serves Camden County)

Millville Public Schools
23 North High St.
Millville, NJ 08332
(609) 825-8300
(serves Cumberland, Gloucester and Salem Counties)

Special Education

Handicapped children—including children with developmental disabilities—are entitled by both state and federal laws to a free and appropriate education. In New Jersey, the Division of Special Education, located within the N.J. Department of Education, is the agency mandated to carry out the federal Education for All Handicapped Children Act (P.L. 94-142) as well as the New Jersey statutes concerning special education (N.J.S.A. 18A:46).

The division is responsible for administering, planning and supervising all state-funded special education programs for handicapped children in the public schools. It also determines the eligibility of private schools to provide educational programs to handicapped students, under contractual agreements with local school districts. Through its Educational Improvement Center, it provides technical assistance to administrators, teachers and other professionals.

The approximately 600 local school districts in New Jersey are responsible for the actual provision of special education services to handicapped children. To receive these services, a child must be evaluated and classified by the district's child study team, which is usually composed of a psychologist, a social worker and a learning disabilities consultant. Other professionals including medical specialists and teachers may be consulted by the child study team, and an evaluation by a physician is required for classification. A review process for appeal and independent evaluation is available to parents who disagree with the decisions of the child study team. The local district child study teams are under the County Supervisors of Child Study, listed on page 24.

New Jersey law specifies the following categories for whom the public school district and the state must provide a free and appropriate education:

- educable mentally retarded
- trainable mentally retarded
- day-training eligible (severely retarded)
- perceptually impaired
- orthopedically handicapped
- neurologically impaired
- visually handicapped
- auditorily handicapped
- communication handicapped
- emotionally disturbed
- socially maladjusted
- chronically ill
- multiply handicapped

State and federal laws require that each classified student have an Individualized Education Program developed by the child study team in cooperation with the student's parents, teachers and school administrators. The IEP consists of two parts: a basic plan section containing summaries of the child study team's findings and an instructional guide section that includes a planned schedule and instructional strategies, techniques and activities. The IEP is reviewed annually with the child's parents and revised as necessary.

It is the policy of the state to require that special educational services be provided within the least restrictive environment possible. Depending on his individual needs, a handicapped child may attend a regular public school class (but receive supplemental instruction), a special class within a public school, a special

school within the local school district, or a state-operated school. If the local school district or the state cannot provide the special education needed by the child, the district may contract for services from another district or a private school. There are approximately 150 private schools within the state and approximately 100 private schools outside of New Jersey that are approved by the N.J. Department of Education and the N.J. Department of Human Services.

In January 1982, New Jersey enacted legislation (P.L. 1981, Chapter 415) lowering mandatory special education from age 5 to age 3. In addition, the law requires each local board of education in the state to provide information to parents of handicapped children under 3 years old about services such as infant programs.

Division of Special Education
N.J. Department of Education
225 W. State St.
CN 500
Trenton, NJ 08625
(609) 292-8616
Infant Programs: (609) 984-5814

New Jersey County Supervisors of Child Study

Atlantic County Office
1200 Harding Highway
Mays Landing, NJ 08830
(609) 625-7000

Bergen County Office
304 Valley Blvd.
Wood Ridge, NJ 07075
(201) 935-1500

Burlington County Office
3 Union St.
Mount Holly, NJ 08060
(609) 261-5060

Camden County Office
120 Warwick Rd.
Stratford, NJ 08084
(609) 627-1556

Cape May County Office
Central Mail Room
Crest Haven Complex
Cape May Court House, NJ 08210
(609) 465-7911

Cumberland County Office
19 Landis Ave.
Bridgeton, NJ 08302
(609) 451-8000

Essex County Office
15 South Munn St.
East Orange, NJ 07017
(201) 673-5312

Gloucester County Office
Tanyard & Salina Rds.
Sewell, NJ 08080
(609) 468-6500

Hudson County Office
595 Newark Ave.
Jersey City, NJ 07306
(201) 795-6547

Hunterdon County Office
County Administration Bldg.
Rt. 12, P.O. Box 87
Flemington, NJ 08822
(201) 788-1414

Mercer County Office
2300 Hamilton Ave.
P.O. Box 8068
Trenton, NJ 08619

Middlesex County Office
75 Race Track Rd.
East Brunswick, NJ 08816
(201) 390-6000

Monmouth County Office
Campbell Ct. & Highway 9
P.O. Box 1264
Freehold, NJ 07728
(201) 431-7810

Morris County Office
Court House
Morristown, NJ 07960
(201) 829-8571

Ocean County Office
212 Washington St.
Toms River, NJ 08753
(201) 929-2078

Passaic County Office
County Administration Bldg.
18 Clark St.
Paterson, NJ 07509
(201) 881-7123

Salem County Office
Lakeview Offices
Woodstown-Salem Rd.
Woodstown, NJ 08098
(609) 769-2700

Somerset County Office
P.O. Box 3000
Somerville, NJ 08876
(201) 231-7000

Sussex County Office
18 Church St.
Newton, NJ 07860
(201) 383-2521

Union County Office
300 North Ave., E
Westfield, NJ 07090
(201) 233-9310

Warren County Office
Court House
413 S. Second Ave.
Belvidere, NJ 07823
(201) 475-5361

Vocational Training and Employment

A high percentage of adults with developmental disabilities are capable of productive work of economic value in our society. People with physical disabilities are now considered highly employable due to technological advances in the field of rehabilitation engineering. Rehabilitation Engineering enables employers to perform inexpensive adaptations to the work environment to accommodate employees with physical limitations.

The success of programs that place persons with severe disabilities in appropriate jobs with nondisabled co-workers, train them through the use of "job coaches," and follow-up on their progress make competitive employment a real alternative to working in a sheltered environment. Employment has been perceived increasingly as a right of disabled persons and as a benefit to society as well as the individual.

Division of Vocational Rehabilitation Services

Determining the feasibility of a disabled person for employment and providing vocational training and placement are the responsibilities of the Division of Vocational Rehabilitation Services (Department of Labor).

A person with a developmental disability, or a relative or agency on his behalf, may apply for vocational services at any of the divisions 20 district offices. A counselor from the district office will determine both the eligibility and the feasibility of accepting a client for evaluation and training, according to specific guidelines.

In general, the person:

1) must be of employable age (usually 16 and over),
2) have a physical or mental disability that is a substantial employment handicap, and
3) must have the capacity to become employable either in a competitive or in a sheltered setting.

Once a person has been accepted for services by the division, a counselor at the district office is assigned to work with the client and his or her family in carrying out a plan for vocational training and placement. An Individualized Written Rehabilitation Plan, developed jointly by the counselor and the client, states the specific rehabilitation services to be provided, the intermediate and long-range objectives, and the time frames in which these objectives are to be achieved.

Also, if financial need is established, other rehabilitative services may be purchased by the division from private provider agencies. These services include further evaluation, counseling and guidance, training at a vocational center or technical school, and on-the-job training. In addition, medical restorative services and appliances (including corrective surgical treatment, prosthetic and orthopedic devices) and physical, speech or hearing therapy may be provided to alleviate or modify the disability.

Central Office:

Labor and Industry Building
CN 398
Trenton, NJ 08625-0398
(609) 292-5987
(609) 292-2919 (TTY/TTD)

Local Offices:

Atlantic County
2100 Atlantic Ave.
Atlantic City, NJ 08401-7084
(609) 441-3080
(609) 441-3091 (TTY/TTD)

Bergen County
10 Banta Pl.
Hackensack, NJ 07601-5693
(201) 487-7890

Burlington County
Route 541
K-Mart Plaza
Burlington, NJ 08016-4795
(609) 387-7600
(609) 387-1856 (TTY/TTD)

Camden County
2600 Mt. Ephraim Ave.
Camden, NJ 08104-3290
(609) 757-2781, 2782, 2783
(609) 757-2766 (TTY/TTD)

Cape May County
Cape May County Social Service Complex
7-9 Delsea Dr.
Cape May, NJ 08242-1695
(609) 886-9451
(609) 886-9454 (TTY/TTD)

Cumberland and Salem Counties
22 Washington St.
Bridgeton, NJ 08302-1989
(609) 451-9098
(609) 455-0912 (TTY/TTD)

Essex County (Newark)
80 Mulberry St.
Room 201
Newark, NJ 07102-4206
(201) 648-3367
(201) 623-7304 (TTY/TTD)

Essex County (suburban)
20 Evergreen Pl.—4th Floor
East Orange, NJ 07018-2216
(201) 266-1870
(201) 266-1903 (TTY/TTD)

Gloucester County
251 N. Delsea Dr.
Suite 26
Deptford, NJ 08096-4656
(609) 848-5300
(609) 757-2766 (TTY/TTD)

Hudson County
2815 Kennedy Blvd.
Second Floor
Jersey City, NJ 07306-3989
(201) 915-3426, 3427, 3428
(201) 915-3452 (TTY/TTD)

Hunterdon and Somerset Counties
352 East Main St.
Somerville, NJ 08876-3183
(201) 526-0550
(201) 526-8028 (TTY/TTD)

Mercer County
Labor Station Plaza
28 Yard Ave.
Trenton, NJ 08609-1321
(609) 292-2940
(609) 292-7848 (TTY/TTD)

Middlesex County
29 Livingston Ave. & New St.
New Brunswick, NJ 08901-1996
(201) 937-6300
(201) 545-8147 (TTY/TTD)

Monmouth County
1 Main St.
Suite 302
Eatontown, NJ 07724-3050
(201) 389-3311
(201) 389-3315 (TTY/TTD)

Morris County
7 Sussex Ave.
Second Floor
Morristown, NJ 07960-3886
(201) 539-3660
(201) 539-3665 (TTY/TTD)

Ocean County
Toms River Mall
1214 Rt. 37 East
Toms River, NJ 08753-5780
(201) 929-9404
(201) 929-9511 (TTY/TTD)

Passaic County
370 Broadway
Paterson, NJ 07501-2195
(201) 977-4285
(201) 977-4287 (TTY/TTD)

Sussex and Warren Counties
Doctor's Park
Seber Road
Building 4, Suite C
Hackettstown, NJ 07840-1790
(201) 852-4110
(201) 852-0213 (TTY/TTD)

Union County
125 Broad St.
Seventh Floor
Elizabeth, NJ 07201-2396
(201) 820-3112
(201) 820-3132 (TTY/TTD)

Employment Services

People with developmental disabilities have a range of abilities and are highly productive in many types of jobs. With appropriate training and placement, they can work in hotels and motels, restaurants and other food service establishments, horticulture and manufacturing industries, hospitals and nursing homes, utility firms, banks and insurance companies to name a few. Occupations run the gamut from stock clerks, packers and messengers to laborers, electronics assemblers and computer operators.

"Supported" competitive employment programs provide job coaches to give one-on-one supervision, beginning with intensive on-the-job training and tapering off to occasional assistance as needed. The job coach provides followup services to ensure that the employer is satisfied with the employee's job performance.

Employment Services

Bergen County Division of Employment Services
50 Passaic St.
Hackensack, NJ 07601
(201) 487-6800

Middlesex County College
Women's Career Information Center
West Hall Annex
Edison, NJ 08818
(201) 548-6000 ext. 411

Monmouth County Job Bank for Handicapped Citizens
Career Services for the Handicapped
Brookdale Community College
Newman Springs Rd.
Lincroft, NJ 07748
(201) 842-1900 ext. 436

National Center on Employment of the Deaf
Rochester Institute of Technology
Rochester, NY 14623
(716) 475-6834

Office Skills Training Program
Goodwill Industries, Inc.
(201) 481-2300

Project H.I.R.E.
United Cerebral Palsy Associations of New Jersey
354 South Broad St.
Trenton, NJ 08611
(609) 392-4004, or
Association for Retarded Citizens
985 Livingston Ave.
North Brunswick, NJ 08902
(201) 246-2525

The Port Authority of New York and New Jersey
One World Trade Center
Personnel Department
Suite 61 East
New York, NY 10048
(212) 466-8117

Training and Placement Service
New Jersey Epilepsy Foundation
206 West State St.
Trenton, NJ 08608
(609) 392-4900

Union County Job Bank
Office of the Handicapped
Fourth Floor
Union County Administration Building
Elizabethtown Plaza
Elizabeth, NJ 07207
(201) 527-4840
(201) 527-4828 (TTY)

Job Training Partnership Program

Burlington County
(609) 261-0221
Camden County
(609) 627-2382
Gloucester County
(609) 845-8950
Salem County
(609) 935-7510

Support Services for the Unemployed

Bread, Butter and Roses Support Group
Cherry Hill, NJ
(609) 983-6532
(provides mutual aid and self help for the unemployed)

Consumer's Credit Counseling Service, South Jersey
(215) 563-5665

Homelessness Prevention Program:
Burlington County Welfare Dept.
(609) 261-1000
Camden, Gloucester and Salem Counties
(609) 757-2611
(provides financial assistance to persons in danger of eviction; sponsored by the N.J. Dept. of Community Affairs.)

Jaycee Housing Counseling, Inc.
Camden County
(609) 541-1000
(Provides counseling to negotiate delinquent mortgage payments, assignment programs, unpaid rent, etc.)

Public Assistance Programs, Unemployment Offices:
Burlington County
(609) 386-6403
Camden County
(609) 757-2660
Gloucester County
(609) 848-6350
Salem County
(609) 935-3711

Sheltered Workshops

Sheltered workshops provide evaluation and training for jobs in labor and industry, as well as long-term employment for persons capable of producing work of economic value, but not at the pace required in the competitive labor market. Sheltered workshops are privately operated, but are approved by the division. Most, but not all, of the sheltered workshops in New Jersey are members of the New Jersey Association of Rehabilitative Facilities, a private organization. Applications to sheltered workshop programs are usually made through the Division of Vocational Rehabilitation Services.

Work Activities Training Centers

For more severely disabled adults who are not prepared to enter a sheltered workshop program, the Division of Vocational Rehabilitation Services administers the Work Activities Training Center program. This program includes training in daily living skills, transportation training, vocational evaluation, recreation and parental or guardian consultation. Applications to the WATC program are made directly to the local facilities.

Atlantic County Opportunity Center for the Handicapped, Inc.
901 Atlantic Ave.
Egg Harbor, NJ 08215
(609) 965-6871

Bergen-Passaic ARC
481A Edward Ross Dr.
Elmwood Park, NJ 07407
(201) 797-0100

Burlington County ARC
1011 Deacon Rd.
Hainesport, NJ 08036
(609) 267-5453

Cerebral Palsy Association of Middlesex County
Roosevelt Park-Oak Dr.
Edison, NJ 08817
(201) 549-5580

Monmouth County ARC
630 Broad St.
Shrewsbury, NJ 07701
(201) 747-3115

Raritan Valley Workshop
9 Terminal Rd.
North Brunswick, NJ 08902
(201) 828-8080

Somerset County ARC
P.O. Box 382
203 South Main St.
Manville, NJ 08835
(201) 725-8544

United Cerebral Palsy of Union County
373 Clermont Terrace
Union, NJ 07083
(201) 354-5800

Community Living and Habilitation Services

Gradually, community living arrangements are becoming available through state and private agencies. Currently in New Jersey, a variety of residential alternatives exists for persons with mental retardation, but appropriate and accessible housing for people with physical disabilities are not yet widely available.

Current living arrangements provided by the Division of Developmental Disabilities include group homes, supervised and independent apartments, skill development homes, supportive living, and private family care (foster) homes. These residences, screened, licensed and monitored by the division, promote independence and provide access to community resources.

- Skill Development Homes are for persons in need of intensive training in a highly supervised setting. A client lives in the home of a trained provider who implements a formal training program in conjunction with the individual's case manager.
- Family Care Homes are similar to skill development homes, but are for individuals requiring less intensive training. A provider lives with the client to offer guidance, supervision and encouragement.
- Group Homes are family-style households shared by six to eight clients who are supervised by a house manager and professional staff.
- Supervised Apartments are units occupied by one or two clients, monitored by a trained supervisor who lives in the same complex and visits daily.
- Supportive Living refers to an apartment shared by clients with no on-site supervision. Clients receive support services and have 24-hour access to emergency assistance.
- Independent Apartments are the least restrictive housing option. Clients are monitored solely through regular visits from their case managers but are able to receive emergency assistance when needed.

The Division of Developmental Disabilities publishes a pamphlet entitled "Access to Community Services," which contains a description of available residential options and related services.

Housing
(also call SCRIP, your local disability agency such as ARCs and UCPs, or your County Office on the Handicapped)

Architects Housing Complex
Central Chapter of the N.J. Society of Architects
215 East Front St.
Trenton, NJ
(609) 695-1099

Chesire Homes
9 Ridgedale Ave.
Florham Park, NJ 07932
(201) 966-1232

Handicapped Independence Programs
44 Armonry Ave.
Englewood, NJ 07631
(201) 568-0817

Lutheran Social Services of New Jersey
189 South Broad St.
P.O. Box 30
Trenton, NJ 08601
(609) 393-3440

Monmouth County Association for Children and Adults With Learning Disabilities
1501 Park Ave.
Asbury Park, NJ 07712
(201) 774-4737

Multiple Sclerosis Association
601 White Horse Pike
Oaklyn, NJ 08107
(609) 858-3211

N.J. Commission for the Blind
100 Raymond Blvd.
Newark, NJ 07102

Operation Life
United Cerebral Palsy of Monmouth & Ocean Counties
384 Second Ave.
Long Branch, NJ 07740
(201) 222-4564

Project Freedom
P.O. Box 8898
Trenton, NJ 08650
(609) 298-0566

Shared Housing

Burlington County Community Action
Matchmaker I
1304 N. Route 130
Burlington, NJ 08016
(609) 386-5800

Morris County Fair Housing Council
19 Market St.
P.O. Box 773M
Morristown, NJ 07960
(201) 538-2975

People Care Center
120 Finderene Ave.
Bridgewater, NJ 08807
(201) 526-4063

Project Share
Daughters of Israel Geriatric Center
1155 Pleasant Valley Way
West Orange, NJ 07052
(201) 731-5100

Senior Citizens United Community Services
245 S. Blackhorse Pike
Mt. Ephraim, NJ 08059
(609) 931-6196

Shared Homes of Montclair
205 Claremont Ave.
Montclair, NJ
(201) 744-1400

Share-A-Home, Inc.
19 High St.
Orange, NJ 07050
(201) 678-9703

Personal Care Assistants

The Personal Care Attendant Demonstration Program, established under Chapter 307 of P.L. 1985, is designed to provide attendant services for physically disabled adults in 10 New Jersey counties. These attendant services will enable disabled adults to be employed, prepare for employment or live independently in the community.

Personal attendants are individuals with training and experience in providing home services. They assist physically disabled individuals in carrying out routine, nonmedical tasks such as bathing, dressing, transfer into a wheelchair, meal preparation, shopping, laundry, household management and transportation.

Physically disabled adults between the ages of 18 and 65 who are capable of self-direction and reside in Atlantic, Bergen, Cumberland, Essex, Mercer, Middlesex, Monmouth, Ocean, Passaic or Union Counties are eligible for these services.

For further information contact your County Office on the Handicapped or:

Personal Attendant Demonstration Program
N.J. Dept. of Human Services
222 South Warren St.
Second Floor
Trenton, NJ 08625
(609) 633-2182

Aids To Independent Living

Adapted Clothing

Accessible Fashions
National Access Center
1419 27th St., N.W.
Washington, D.C. 20007
(list of publications for people who want to make or alter clothing at home; cost: $1)

Dignified Care Fashions
P.O. Box 104
Port Reading, NJ 07064

Special Clothes for Special Children
P.O. Box 4220
Alexandria, VA 22303
(703) 549-2640

Communications Devices

AT&T National Special Needs Center
2001 Route 46
Parsippany, NJ 07054
1-800-233-1222
(catalog features voice amplifiers, signaling devices, and porta-printers)

Devices for the Hearing Impaired

Alexander Graham Bell Assoc. for the Deaf
3417 Volta Pl., N.W.
Washington, D.C. 20007
(202) 337-5220

Hal-Hen Company
36-14 11th St.
Long Island City, NY 11106
(devices available through local hearing aid dispenser)

Phone-TTY Inc.
202 Lexington Ave.
Hackensack, NJ 07601
(201) 489-7889
(201) 489-7890 TDD

Specially Equipped Vehicles

Adaptive Driving Conversions, Inc.
494E W. County Line Rd.
P.O. Box 1203
Jackson, NJ 08527
(201) 928-2089
1-800-624-1375

Monmouth Custom Vans
5010 Industrial Rd.
Wall, NJ 07719
1-800-221-0034

United Lift Service Co., Inc.
Industrial Commons
Suite 101
1273 N. Church St.
Moorestown, NJ 08057
(609) 234-5050
(wheelchair lifts and van lifts)

Telecaption Adapter

National Captioning Institute
5203 Leesburg Pike, Suite 1500
Falls Church, VA 22041
(703) 998-2400
1-800-336-3444
(decoders for close captioned television programs; available at Sears and J.C. Penny's)

Other resources

ABLEDATA
1-800-346-2742 (9 a.m.-5 p.m.)
(information on rehabilitation equipment and aids)

D.I.A.L. for Independent Living
234 Parker Ave.
Clifton, NJ 07011
(201) 340-3700
(201) 340-3790 TTY

National Resource Directory
Eastern Paralyzed Veterans Assoc.
432 Park Ave. South
New York, NY 10016
(212) 686-6770
(information source for persons with spinal cord injuries and other physical disabilities)

Rehabilitation Technological Services
United Cerebral Palsy of N.J.
(609) 392-4004

Respite Care

For families with a member who is developmentally disabled, in-home respite care allows a short-term break from the tasks of feeding, bathing, lifting, changing and monitoring. Through the work of the N.J. Developmental Disabilities Council, which examined the need for family support and set the stage for the administration of service grants during 1985 and 1986, respite services are growing throughout the state.

Several agencies have developed in-home respite care as a service to families with an at-home member who is severely or multiply handicapped. The respite workers are thoroughly trained in family routines, first-aid, and a variety of personal care techniques. Some respite providers, such as those trained by the Epilepsy Foundation of N.J., are able to handle uncontrolled seizure activity. In all cases, the families play a role in orienting the respite worker to the personal care of the person who is developmentally disabled. This fosters the mutual confidence that is necessary to make the program effective.

The services are usually available for a certain number of hours each month, but most do not include overnight care. Since the programs can only handle a certain number of families, there may be a waiting list for service. Eligibility is usually determined from the information provided by the parents, case managers or others who are involved with the developmentally disabled family member. Priority is given to families with an individual who is severely developmentally disabled and is at risk of being institutionalized, those who are unable to participate in day programs due to the nature and severity of the disability, and those who have elderly or single parents.

As a component of their respite service, many agencies provide counseling to parents and siblings.

In-home Respite Services
(also called SCRIP)

Appropriate Living for the Autistic, Inc.
50 Lawlins Park South
Wycoff, NJ 07481
(201) 848-8590
(serves autistic individuals in Bergen, Passaic, Essex, Hudson, Morris, Sussex and Union Counties)

Atlantic County Association for Retarded Citizens
1033 N. Main St.
Pleasantville, NJ 08232
(609) 645-0025
(serves severely, multiply handicapped individuals in Atlantic County)

Bergen-Passaic Multiple Sclerosis Society
Holy Name Hospital
718 Teaneck Rd.
P.O. Box 2180
Teaneck, NJ 07666
(201) 837-0515
(serves physically disabled individuals in Bergen and Passaic Counties)

Community Living for the Autistic
123 Franklin Corner Rd.
Suite 215
Lawrenceville, NJ 08648
(609) 895-0190
(serves autistic individuals, age 18 and over in Mercer, Monmouth, North Bergen, North Burlington, North Ocean, Middlesex, and Hunterdon Counties)

Cumberland County ARC
1680 W. Sherman Ave.
Vineland, NJ 08360
(609) 691-9138
(serves developmentally disabled individuals in Cumberland County)

Developmental Resources Corp.
1075 Easton Ave.
Somerset, NJ 08873
(201) 846-4222
(serves severely, multiply handicapped individuals in Somerset and Hunterdon Counties)

Epilepsy Foundation of N.J.
Family Support Program
206 West State St.
Trenton, NJ 08608
(609) 392-4900
(serves severely, multiply handicapped individuals with uncontrolled seizure activity in Camden, Burlington and Gloucester Counties)

Essex County ARC
7 Regent St.
Livingston, NJ 07039
(201) 535-1181
(serves multiply handicapped individuals in Essex County)

Githens Center for the Physically Handicapped of Burlington County
Cedar St.
Mt. Holly, NJ 08060
(609) 261-1667
(serves severely, physically handicapped individuals in Burlington County)

Hudson County ARC
365-381 Clendenny Ave.
Jersey City, NJ 07304
(201) 434-7783
(serves developmentally disabled individuals in Hudson County)

Raritan Valley ARC
1014 Livingston Ave.
North Brunswick, NJ 08902
(201) 846-2586
(serves developmentally disabled children in Middlesex County)

Spectrum for Living
100 Spectrum Square
Blanche Ave.
Closter, NJ 07624
(201) 784-9400
(serves multiply handicapped adults in Bergen County)

Sussex County ARC
8 Hampton-House Rd.
Newton, NJ 07860
(serves multiply handicapped individuals in Sussex County)

Union County ARC
1225 South Ave.
Plainfield, NJ 07062
(serves severely, multiply handicapped individuals in Union County)

UCP of Cumberland County
P.O. Box 787
Millville, NJ 08332
(201) 825-9109
(serves physically handicapped individuals in Cumberland, Salem, Gloucester, Atlantic and Cape May Counties)

UCP of Hudson County
1005-7 Washington St.
Hoboken, NJ 07030
(201) 656-3897
(serves multiply handicapped individuals in Hudson County)

UCP of Monmouth & Ocean Counties
75 Bath Ave.
Long Branch, NJ 07740
(201) 222-4741
(serves physically handicapped individuals in Monmouth and Ocean Counties)

Warren County ARC
P.O. Box 42
Washington, NJ 07882
(201) 689-3244
(serves severely handicapped individuals in Warren County)

Out-of-home, Overnight Respite Care

Hotel With Care
St. Lawrence Rehabilitation Center
P.O. Box 6367
2381 Lawrenceville Rd.
(609) 896-9500
(serves elderly and handicapped individuals)

Community Care Program for the Elderly and Disabled

The Community Care Program for the Elderly and Disabled is a program that offers an array of home care services. The New Jersey Medicaid Program is offering these services to help certain eligible individuals to remain living in the community rather than in a nursing home. Services include home health care, medical day care, medical transportation, case management, homemaker services, social adult day care and respite care.

Applications are made through the County Welfare Agencies. The county agency will determine eligibility based on financial information and a doctor's authorization of need. Once eligibility is determined, a case manager from a selected service agency in your county will work with you and your family to arrange for services. As part of your agreement to participate, you may be asked to pay a portion of the cost. Medicaid pays the remainder.

Day Training

Day Training provides care and training to youngsters referred to the program by local school district child study teams. The students may live at home, in a foster home or in a specialized facility. Students unable to attend a day training facility due to severe physical limitations or illness are provided homebound instruction.

The goal of the program is to increase each student's positive self-concept and independence. Center staff help students develop self-help skills including toilet training, personal grooming, communication and self-feeding. In addition to the classroom instruction, an interdisciplinary team composed of an education specialist, speech therapist, physical therapist, and social worker provides services to day training students. Each student has an Individualized Education Program developed by the center personnel, the student's parents and, when possible, the student himself. If a student shows improvement to the point where he appears to be functioning at a trainable level, a referral is made to the local public school.

Day training centers are operated by the Division of Developmental Disabilities. Transportation to and from the center is provided.

Adult Activities

This community-based program, operated by the Division of Developmental Disabilities, serves people over 21 who are ineligible for other programs (such as sheltered workshops or Work Activities Training Centers) because of their level of functioning.

"Normalization" into adult life is the goal of the program, which is organized around the normally reoccuring events of daily living and provides an environment to promote adult behaviors and work attitudes. Adult activities centers offer a year-round program, free of charge, that includes training and education,

transportation, meals, counseling and referral services. All adult activities programs have three basic components: work activities, practical arts and personal awareness.

Referrals are made through the Division of Developmental Disabilities regional offices.

Central Regional Office
65 Springfield Ave.
Springfield, NJ 07081
(201) 379-1700

Central Regional Office, Sub-Station
Third St.
Building 5
Bordentown, NJ 08505
(609) 298-5981

Northern Regional Office
1B Laurel Dr.
Flanders, NJ 07836
(201) 927-2600

Southern Regional Office
Heritage Plaza
Suite 120
1873 Route 70
Cherry Hill, NJ 08003
(609) 751-0240

Satellite Offices
100 Hamilton Plaza
Room 905
Paterson, NJ 07505
(201) 977-4004

Suite 300
220 Route 9
Howell, NJ 07731
(201) 577-8960

Adult Training Services
Greenbrook Regional Center
275 Greenbrook Rd.
Greenbrook, NJ 08512
(201) 968-8100

Route 30 & Elvins Ave.
Hammonton, NJ 08037
(609) 561-5070

Adult Day Care

Adult Day Care Programs are designed to provide a supportive environment through health and social services by offering an individualized plan of care to meet the needs of each participant.

New Jersey Adult Day Care Association
1155 Pleasant Valley Way
West Orange, NJ 07052

Pleasant Valley Adult Day Center
40 Main St.
Holmdel, NJ 07733

Medical Day Care Centers
(also called SCRIP)

Archway Programs for People With Special Needs
197 Jackson Rd.
Atco, NJ 08004
(609) 767-5757

Burlington County Adult Medical Day Care Center
P.O. Box 803
Levis Dr.
Mount Holly, NJ 08060
(609) 267-2633

Camden County Health Services Center
Division of Red Oak Manor
Collier Dr.
Blackwood, NJ 08012
(609) 227-3000

Caring, Inc.
227 N. Vermont Ave.
Atlantic City, NJ 08401
(609) 345-3228

Community Medical Day Care Center
312 W. Landis Ave.
Vineland, NJ 08360
(609) 696-4442

Garden State Health Care Center
140 Park Ave.
East Orange, NJ 07017
(201) 677-1500

Jewish Geriatrics Home
3025 West Chapel Ave.
Cherry Hill, NJ 08002
(609) 667-3100

Medicenter—Lakewood
685 River Ave.
Lakewood, NJ 08701
(201) 364-8300

Mercer Street Friends
151 Mercer St.
Trenton, NJ 08611
(609) 393-3232

Summer Hill Day Care
111 Route 516
Old Bridge, NJ 08852
(201) 254-8200

Theresa Grotta Center for Restorative Services
20 Summit St.
West Orange, NJ 07052
(201) 736-2000

Wellington Hall Nursing Home
301 Union St.
Hackensack, NJ 07601
(201) 487-4900

Transportation Services

Making public transportation available to citizens of New Jersey who are disabled is the responsiblity of New Jersey transit. This state-contracted agency administers the Reduced Fare Program, under which disabled and elderly persons may ride at lower fares during non-peak hours on all intrastate buses of New Jersey bus companies. The Reduced Fare Program also applies to almost all interstate bus routes to New York and Philadelphia and to all New Jersey trains operated by Conrail. The Reduced Fare Program is available to persons over 62 or persons declared handicapped "by reason of illness, injury, age, congenital malfunction or other permanent or temporary incapacity or disability."

To ride at the reduced fare, which is one-half of the regular one-way fare rounded to the nearest nickel, a person must have an identification card and a reduced fare ticket. A Medicare card can be used as identification or a person can obtain a special Reduced Fare Identification Card. Applications and reduced fare tickets can be obtained at most banks throughout New Jersey. For further information contact the Reduced Fare Program Office at (201) 761-8327.

Lift-equipped buses comprise a key component of N.J. Transit's service to persons with physical disabilities. The procedures for riding local transit and longer-distance commuter buses are explained in a guide entitled "How to Ride the Lift-Equipped Buses." The guide also contains detailed information concerning routes, scheduling and fares.

For a free copy of the guide or to make suggestions for improving transit services, contact:

New Jersey Transit Customer Service Center
McCarter Highway & Market St.
P.O. Box 10009
Newark, NJ 07101
1-800-722-3606

Specialized Transportation

Persons unable to use public transportation because of a severe disability are able to obtain transportation through private nonprofit agencies that have received specialized vehicles such as station wagons, vans, and small and large buses. Applications from qualified nonprofit groups wishing to purchase specialized vehicles are received by the N.J. Department of Transportation's Office of Coordinated Transit.

The Office of Coordinated Transit is responsible for coordinating and consolidating the use of vehicles operated by public and private nonprofit social service agencies in each county. It offers referral information to answer specific questions on local specialized transportation programs.

Office of Coordinated Transportation
N.J. Dept. of Transportation
1035 Parkway Ave.
Trenton, NJ 08625
(609) 984-0809

Recreation and Leisure

Recreation can open new avenues of learning, communication, emotional growth, self-confidence and socialization for all individuals, especially those for whom opportunities in work, education and mobility may be limited.

One of the primary resources for learning about recreation opportunities or for developing accessible recreation programs is Project Network. Under the guidance of the New Jersey Commission on Recreation for the Handicapped, Project Network consists of 21 county-based implementation teams that coordinate services, assist providers with barrier-free designs, and promote accessibility to New Jersey's natural and cultural resources.

Project Network is linked to the state's Department of Community Affairs' Office on Recreation for the Handicapped through a Services Council. The Services Council supports the county-based teams by lending technical assistance, monitoring legislation and fostering intercounty communication.

For more information about Project Network at the county level contact your County Office on the Handicapped or:

Department of Community Affairs,
363 West State St.
CN-800
Trenton, NJ 08625
(609) 984-6654

Many disability organizations have recreation programs for children, adolescents and adults. The programs may run all year long, seasonally or only on weekends. A good way to begin the search is to contact providers such as the Associations for Retarded Citizens, United Cerebral Palsy Associations or the Easter Seals chapter nearest you.

Here are just a few of the options available for people who are looking for recreation programs. For a more detailed description and listing, contact SCRIP.

Camps

Camping Guide to the National
Parks System
National Park Service
Division of Special Programs and Populations
18th & C Streets, N.W.
Washington, D.C. 20240

Camp Fire, Inc.
206 Center St.
Trenton, NJ 08611
(609) 392-6138

Frost Valley YMCA
298 Claremont Ave.
Montclair, NJ 07042
(201) 744-3488
(year-round; healthsports workshops)

Project U.S.E.
P.O. Box 3315
Long Branch, NJ 07740
(also teaches courses at schools)

Family Activities

Let's Play to Grow—N.J.
Dept. of Physical Education
William Paterson University
Wayne, NJ 07470
(201) 595-2395
(201) 595-2363
(clubs of five or more families)

Flight Instruction

Freedom's Wings International, Inc.
Sky Manor Airport
Pittstown, NJ 08867
(201) 996-2182
(free instruction in piloting sailplanes)

Horseback Riding

Horseback Riding for the Handicapped of N.J., Inc.
P.O. Box 229
Allentown, NJ 08501
(201) 234-1907

Somerset Hills Handicapped Riders
Crossroads Farm
Bedminster, NJ 07921
(201) 234-1907

Special People United to Ride
654 Newman Springs Rd.
Lincroft, NJ 07738
(201) 842-4000

STEED
17 Anona Dr.
Upper Saddle River, NJ 07458
(201) 327-2658

N.J. State Parks – Accessible Recreation Areas

Atsion Recreation Area
Burlington County
(609) 268-0444

Barnegat Lighthouse State Park
Ocean County
(609) 494-2016

Gateway National Recreation Area
Monmouth County
(201) 872-0092

Highpoint State Park
Sussex County
(201) 875-4800

Island Beach State Park
Ocean County
(201) 793-0506

Liberty State Park
Hudson County
(201) 435-0736

Monouth Battlefield State Park
Monmouth County
(201) 462-9616

Round Valley Recreation Area
Hunterdon County
(201) 236-6355

Spruce Run Recreation Area
Hunterdon County
(201) 638-8572

For information concerning free passes for persons with disabilities, contact:

Dept. of Environmental Protection
Division of Parks & Forests
State Park Services
CN-404
Trenton, NJ 08625
(609) 292-3092

Ski Areas – Programs for the Handicapped:

Gore Mountain
North Creek, NY 12853
(518) 251-2411

Jack Forest Mountain
White Haven, PA 18661
(717) 443-8425

Vernon Valley Ski Area
McAfee, NJ 07428
(201) 729-6818

Toys

Discovery Toys
15½ Church St.
Glassboro, NJ 08028
(609) 881-1794
(reasonably priced toys, games and books for children and adults of all developmental levels and abilities; delivered to homes, schools or workshops)

For Challenged Kids by Mattel, Inc.
1-800-227-3800
(Hal's Pals—dolls with disabilities)

Toy Bank
Shirley Eves Center
10th & Vine Sts.
Millville, NJ 08332
(609) 825-5840
(library of specially built toys; home delivery)

Toys-to-Go
Children's Specialized Hospital
Mountainside, NJ
(201) 233-3720
(adapted toys for children with physical limitations)

Travel

Guide to Philadelphia for the Handicapped
Philadelphia Society for Crippled Children & Adults
2425 N. 59th St.
Philadelphia, PA 19131

International Directory of Access Guides
Rehabilitation International USA
20 W. 40th St.
New York, NY 10018

N.Y. State Travel Guide
Division of Tourism
Dept. of Commerce
99 Washington Ave.
Albany, NY 12245

Project Access
N.J. Transit
180 Boyden Ave.
Maplewood, NJ 07040

Vacation Guide to New Jersey
Division of Travel & Tourism
CN 286
Trenton, NJ 08625

Consult your local yellow pages or SCRIP for travel agencies that specialize in national and international excursions for people with disabilities. Here are a few:

Briar Specialized Travel, Inc.
832 Kinderkamack Rd.
River Edge, NJ 07661
(201) 967-9474

Doral Travel
1692 Route 88 West
P.O. Box 545
Brick, NJ 08723
(201) 840-0084

The Guided Tour
555 Ashbourne Rd.
Elkins Park, PA 19117
(215) 782-1370

Statewide Recreation Organizations/Programs:

Association of Blind Athletes, New Jersey
94 Pine St.
Montclair, NJ 07042
(201) 744-1074

4-H
Youth Services, Martin Hall
Cook College
P.O. Box 231
New Brunswick, NJ 08903
(201) 932-9704

Garden State Games
Department of Community Affairs
CN 800
Trenton, NJ 08625
(609) 984-6654

Music Foundation for the Visually Handicapped
P.O. Box 569
Ridgewood, NJ 07451
(201) 444-4447

N.J. Recreation & Parks Association
Rutgers University
College Ave., Gym Rm. 201
New Brunswick, NJ 08903

N.J. Special Olympics
242 Old New Brunswick Rd.
Piscataway, NJ 08854
(201) 562-1500

N.J. Tournament of Champions
Box 381A
Ely Harmony Rd.
Freehold, NJ 07728
(201) 462-7945

Recreational Associates
2151 Route 38
1213 East Building
Cherry Hill, NJ 08002
(609) 662-6035

Sports on Wheels
Kessler Institute
1199 Pleasant Valley Way
West Orange, NJ 07052
(201) 731-3600
(recreational and competitive wheelchair sports; no age requirement)

U.S. Tennis Association
Center for Education and Recreational tennis
729 Alexander Rd.
Princeton, NJ 08540
(609) 452-2580

Very Special Arts, N.J.
841 Georges Rd.
North Brunswick, NJ 08902
(201) 745-3885
(a variety of arts programs for all ages)

Wheelchair Sports Council of New Jersey
RD 1, Payne Rd.
Lebanon, NJ 08833
(201) 519-5622
(general information on wheelchair sports)

National recreation Organizations and Programs

American Athletic Association for the Deaf
3916 Lantern Dr.
Silver Spring, MD 20902

American Blind Bowling Association
15 N. Bellaire Ave.
Louisville, KY 40206

American Red Cross
Swimming Programs for the Handicapped
17th & D Sts., N.W.
Washington, D.C. 20006

Boy Scouts of America
Scouting for the Handicapped
1325 Walnut Hill Lane
Irving, TX 75062
(for local programs, call SCRIP)

Girl Scouts of USA Services for Girls With Special Needs
830 Third Ave.
New York, NY 10022
(for local programs, call SCRIP)

Health Sports Inc.
1455 West Lake St.
Minneapolis, MN 55408

Advocacy, Legal Assistance and Guardianship

Advocacy and Legal Assistance

In New Jersey, the agency responsible for protecting and advocating the rights of persons with developmental disabilities is the Division of Advocacy for the Developmentally Disabled, within the Department of the Public Advocate.

The Division of Advocacy for the Developmentally Disabled, which serves as the state's protection and advocacy system as mandated by federal developmental disabilities legislation (P.L. 95-602), negotiates on behalf of developmentally disabled citizens to help them receive the rights and services that they are entitled to under the law. These rights include education, job training, employment, access to buildings and transportation, community living, habilitation and rehabilitation, voting, medical care and treatment, and protection from physical and emotional abuse. Advocacy services provided by the office include:

- Counseling and negotiating on behalf of clients;
- Representing, at the discretion of the Public Advocate, the interests of individuals as legal counsel or guardian;
- Promoting the training of parents, guardianship workers, relatives and friends of developmentally disabled persons to be advocates;
- Referrals to other agencies.

The Division of Advocacy has two components: the regular developmental disabilities advocacy program and a Client Assistance Project, which serves vocational rehabilitation clients. To be eligible for the advocacy services offered statewide by the central office, a person must have a developmental disability as defined on page 5 of this guide. To qualify for services provided by the Client Assistance Project, a person must have a disability that interferes with employment and be a client of the Division of Vocational Rehabilitation Services or the Rehabilitation Program of the Commission for the Blind and Visually Impaired.

The Division of Advocacy for the Developmentally Disabled also distributes a series of ten pamphlets entitled "Disability Law Series," which examines several key rights of persons with developmental disabilities. To receive the series in either English or Spanish, contact the central office:

Division of Advocacy for the
Developmentally Disabled
N.J. Dept. of the Public Advocate
CN 850
Trenton, NJ 08625
(609) 292-9742
1-800-792-8600
1-800-792-8699 (TTY)

The Education Law Center

The Education Law Center is a nonprofit, public-interest law firm specializing in reform of the public elementary and secondary school systems in New Jersey. Founded in 1973, the center provides free legal assistance to parents, students, their organizations, and concerned individuals who encounter individual or systemic problems in public school education. Litigation undertaken by the center deals with issues of broad public importance, especially issues that impact on children-at-risk.

The Education Law Center also publishes a booklet, entiteld "Special Rights for Special Children," which is a valuable resource to parents who have a child in the special education system.

Education Law Center, Inc.
155 Washington St.
Room 209
Newark, NJ 07102
(201) 624-1815

Community Health Law Project

The Community Health Law Project is a community-based, nonprofit organization to help people with disabilities resolve their legal and social problems. A staff of attorneys, social workers, paralegals and other specialists enables the Law Project to provide a wide spectrum of services. Clients include the elderly and people with physical or multiple disabilities.

Services are provided free of charge in most cases for eligible clients. A fee is charged for representation in some claims, but only if the Law Project is successful in gaining benefits for the client. To qualify for services, individuals must be disabled and lack the resources to retain a private attorney.

The Law Project also provides training for professionals, agency directors, case managers, consumers, volunteers and family support groups.

Community Health Law Project
55 Washington St.
Room 306
East Orange, NJ 07017
(201) 672-6050

Guardianship

Legislation enacted in 1985 has substantially altered the procedures by which a guardian may be appointed for a client of the Division of Developmental Disabilities.

Under the old law, the division evaluated its clients to determine whether they were competent to make decisions for themselves. If a client was found incompetent and the parents did not intend to go to court to obtain guardianship, the division "assumed" guardianship by assigning a guardianship worker to make decisions for the person in his or her new status as ward.

The new law requires the division to evaluate clients to determine the need for guardianship. However, guardianship cannot be simply assumed. The division must ask the court to find the person incompetent and appoint a guardian. The court assigns the public advocate to represent the alledgedly incompetent person. Based on evidence submitted by the division and the report of the public advocate, the court decides whether a guardian is needed and, if so, who the guardian should be.

The Division of Developmental Disabilities must inform the parents or other family members when it goes to court. It must also advise parents of their right to be considered for appointment as guardian and invite them to participate in the court proceeding. This relieves the parents of the cost and burden of retaining an attorney to initiate a guardianship proceeding.

For more information concerning the new guardianship law, write or call the Division of Advocacy for the Developmentally Disabled.

Adoption and Foster Care

New Jersey state and private agencies, especially the Division of Youth and Family Services (Department of Human Services) and Spaulding for Children, have made great strides in finding homes for children who, just a decade ago, were often considered "unadoptable." The state's adoption agencies have been leaders in the new attitudes and policies in adoption services. It is no longer true that adopting parents must be a married couple, have a certain income, or own their own home. The only requirements are that the prospective parent must be:

- At least 18 years old and 10 years older than the child,
- In reasonably good physical and mental health,
- Able to love and care for the adopted child.

Significantly, persons with developmental disabilities are not automatically precluded from adopting a child. In fact, sometimes a disabled individual is especially suited to parent a child with a disability.

Financial subsidies are available in New Jersey to many persons who adopt children with special needs. Persons interested in adopting a disabled child are considered for subsidies for medical needs, such as hospital care, prosthesis and equipment, or psychiatric counseling. In addition, if an individual or family is income-eligible, they can receive a monthly maintenance subsidy to help with the regular expenses of food, clothing and shelter.

Persons interested in learning more about adopting children with special needs may call or write the Division of Youth and Family Services or the private agencies that specialize in finding homes for "special needs" children.

Division of Youth and Family Services

Central Adoption Resource Center
719 Alexander Rd.
Princeton, NJ 08540
(609) 452-7611

Metropolitan Adoption Resource Center
1180 Raymond Blvd.
Newark, NJ 07102
(201) 648-4552

Northern Adoption Resource Center
22 Mill St.
Paterson, NJ 07501
(201) 742-0063

Southern Adoption Resource Center
P.O. Box 91
Hammonton, NJ 08037
(609) 567-0010

Adoption Agencies in New Jersey

Adoption Placement Services
RD 2, 375 Fergeson Ave.
Franklinville, NJ 08322
(609) 728-8744

Associated Catholic Charities of the Archdiocese of Newark
17 Mulberry St.
Newark, NJ 07102
(201) 596-3958

Children of the World
855 Bloomfield Ave.
Suite 12
Glen Ridge, NJ 07028
(201) 429-0045

Children's Aid and Adoption Society of N.J.
360 Larch Ave.
Bogota, NJ 07603
(201) 487-2022

Spaulding for Children
36 Prospect St.
Westfield, NJ 07090
(201) 233-2282

Support for Adoptive Parents

Special Needs Adoptive Parents of N.J. (SNAP)
8 Colorado Dr.
Jackson, NJ 08527
(201) 367-0917
(pre- and post-placement support, information-referral, advocacy)